

Please remember

We are happy to be here for you, but there are times when you need to go to the Emergency Room:

- Difficulty breathing
- Chest or upper abdominal pain or pressure
- Fainting, sudden dizziness, weakness
- Changes in vision
- Confusion or changes in mental state
- Any sudden or severe pain
- Uncontrolled bleeding
- Severe or persistent vomiting or diarrhea
- Coughing or vomiting blood
- Suicidal feelings
- Difficulty speaking
- Shortness of breath
- Unusual abdominal pain

(Based on recommendations from the American College of Emergency Physicians.)

The Walk-In Clinic

at Forest City Family Care

- Featuring physician assistants and nurse practitioners supervised by a physician medical director.
 - No appointment needed.
 - Most insurance accepted.
- Monday-Friday 8 a.m.-8 p.m.**
Saturday 8 a.m.-6 p.m.

Located at the rear entrance of Forest City Family Care.



RUTHERFORD REGIONAL
HEALTH SYSTEM

Forest City Family Care

212 Allendale Drive
Forest City, NC 28043
Call (828) 245-7626 and press option #3

Get Well Services:

Acute Bronchitis/Cough

Allergy and Sinus Symptoms

Cold and Mouth Sores

Earache

Eye problems:

- Pink-eye
- Sty

Flu-like Symptoms

Insect Bites and Stings

Minor Burns and Sunburn

Minor Skin Infections, Rashes,
and Blisters

Minor Injuries:

- Cuts/Scrapes
- Animal bites
- Puncture wounds
- Splinters

Nasal congestion

Sore and Strep Throat

Sprains and Strains

Upper Respiratory Infection

Upset Stomach

Urinary Tract/Bladder Symptoms

Procedures:

Cyst/Boil Lancing

Ear Wax Removal

Suture Removal

Thank you for allowing us to serve you.

Stay Well Services:

Basic Exams:

Physical Exam

School/College Physical

Sports/Camp Physical

Screening/Monitoring:

Blood Pressure

Blood Glucose

Weight/BMI

Testing:

Influenza (Flu)

Pregnancy Test

Strep Test

TB skin test (2 visits)

Urinalysis

Vaccinations:

Tetanus

Flu/Influenza

Meningococcal

Pneumovax

Please note:

- There are additional charges for labs, procedures and testing.
- Payment is expected at time of service.
- Number of patients may be limited based on clinic hours.